
ISO 45001:2018 Lead & Internal Auditor Training

Course Description

This ISO 45001:2018 Internal Auditor (3-day) or Lead Auditor (4-day) course equips participants with the skills and knowledge to audit occupational health and safety management systems (OHSMS) effectively in accordance with ISO 45001:2018 requirements and ISO 19011 auditing guidelines. The Internal Auditor track focuses on planning and conducting internal audits, while the Lead Auditor track includes advanced training for leading audit teams and managing external audits.

Through interactive sessions, practical audit exercises, and case studies, participants will learn how to assess compliance, evaluate workplace safety performance, and identify opportunities for reducing workplace incidents. The course highlights the financial benefits of effective OHSMS auditing, including reduced accident-related costs, lower insurance premiums, improved productivity, and enhanced employee morale.

Course Objectives

Understand ISO 45001:2018 Requirements:

- Interpret the standard's clauses and their application to various industries.
- Apply the process approach and risk-based thinking in health and safety audits.

Plan and Prepare for Audits:

- Develop effective audit plans, checklists, and schedules.
- Define audit scope, objectives, and criteria accurately.

Conduct Effective Audits:

- Use questioning techniques, collect objective evidence, and evaluate safety performance.
- Identify nonconformities, hazards, and opportunities for improvement.

Lead Auditor-Specific Skills (4-Day Program):

- Lead and coordinate audit teams, manage meetings, and resolve conflicts.
- Handle high-risk and complex safety audit situations with confidence.

Link OHSMS Auditing to Financial Performance:

- Quantify savings from reduced incidents, insurance claims, and downtime.
- Demonstrate ROI from improved workplace safety and productivity.

Report and Follow Up on Audit Findings:

- Write clear, actionable audit reports.
- Ensure corrective actions are implemented and verified.

Training Format Options

• 3-Day Internal Auditor: Covers ISO 45001:2018 requirements, internal audit planning, execution, reporting, and follow-up.

• 4-Day Lead Auditor: Includes all Internal Auditor content plus advanced modules on leading audit teams, managing external audits, and handling complex OHSMS audit situations.